



## **FITTING INSTRUCTIONS FOR FI0003BK ENGINE FRAME INSERT TRIUMPH SPEED TRIPLE '08 & SPRINT '05-'10 (LEFT HAND SIDE ONLY)**



**Please note that the way the kit is packed does not necessarily represent the way of mounting to the bike**

Please note that in cases where kits are packed with rubber washers holding the components onto the bolt – *the rubber washers should be thrown away!*

### **Left-hand side (as you sit on bike)**

- Fit button head bolt through frame insert so head sits in counter-bore.
- Place special nut on exposed end of bolt so tapered face goes into tapered counter-bore.
- Tighten bolt until tapered portion of nut just contacts tapered face of plastic frame insert.
- Place the assembly into spindle in position shown above with recess horizontal as shown above.
- Tighten bolt so frame insert is held in position firmly (do not over tighten).
- Place bubble sticker as shown above.
- Regularly check to ensure frame insert remains tight.

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**FRANCE**  
**INSTRUCTIONS DE MONTAGE DES INSERTS DE CADRE**  
**FI0003BK**  
**TRIUMPH SPEED TRIPLE '08**

Merci de noter que les pièces assemblées dans l'emballage ne sont pas nécessairement dans le sens du montage à réaliser sur la moto.

**Gauche**

- Placer la vis dans l'insert de cadre r&g de manière à ce que la tête de vis soit dans le renforcement de l'insert.
- Placer l'écrou spécial sur la vis.
- Serrer la vis jusqu'à ce que l'écrou spécial soit en contact avec l'insert en plastique.
- Placer ensuite le tout dans l'axe de bras oscillant avec la partie usinée dans le sens horizontal. (voir photo)
- Serrer la vis dans l'axe. Ne pas serrer trop fort.
- Mettre l'autocollant R&G livré dans le kit.
- Vérifier régulièrement le bon maintien de la pièce sur la moto.