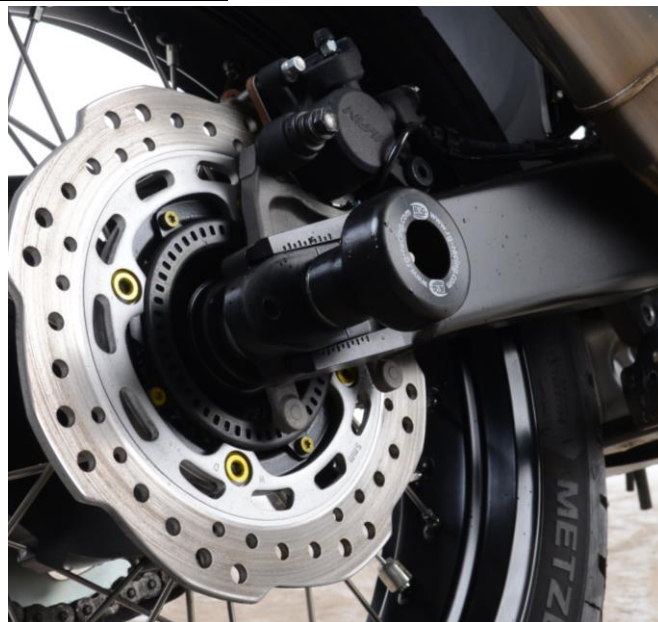




**FITTING INSTRUCTIONS FOR SP0088 SWINGARM PROTECTORS
TO FIT HONDA CRF1100L 2020-**



Picture A



Picture B

This Kit contains the items pictured and labelled over page.

Some parts may be shown for clarity of instructions only.

Do not proceed until you are sure all parts are present.

Please read all instructions before proceeding.

**IF IN ANY DOUBT WHEN FITTING OUR PRODUCTS, CONSULT ONE OF OUR DEALERS
OR HAVE FITTED BY A QUALIFIED TECHNICIAN.**

Please note that the way the kit is packed does not necessarily represent the way of mounting to the bike.

In the event of rubber washers being used to hold components onto bolts, these rubber washers can be thrown away.

DIGITAL COPIES OF THESE INSTRUCTIONS ARE AVAILABLE FROM

www.rg-racing.com

R&G

Unit 1, Shelley's Lane, East Worldham, Alton, Hampshire, GU34 3AQ

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**TOOLS REQUIRED**

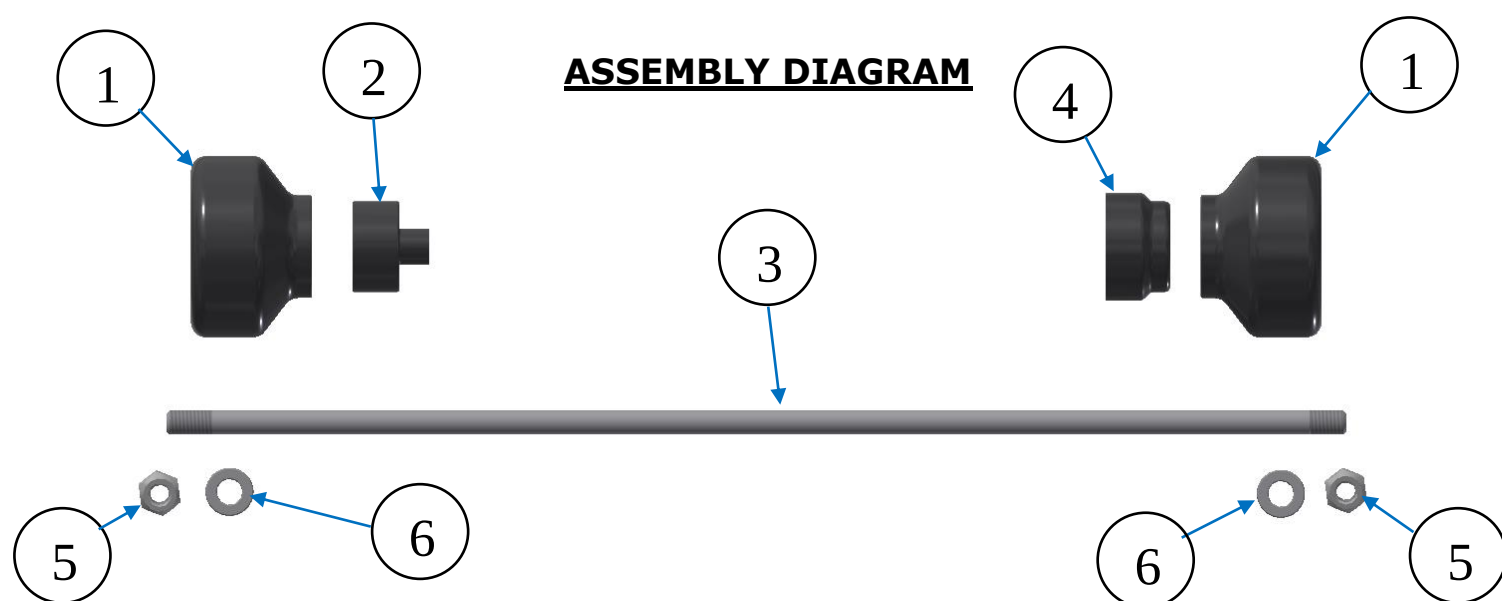
- Socket Set to Include 2 x 13mm sockets and wrenches.

GENERAL TORQUE SETTINGS

M4 BOLT = 8Nm
 M5 BOLT = 12Nm
 M6 BOLT = 15Nm
 M8 BOLT = 20Nm
 M10 BOLT = 40Nm
 M12 BOLT = 40Nm

LEGEND

ITEM No.	DESCRIPTION	QTY
ITEM 1	B0213 M8 CRASH PROTECTOR (BOTH SIDES)	2
ITEM 2	S1270 LEFT-HAND-SIDE CRASH PROTECTOR SPACER	1
ITEM 3	SB145 SPINDLE BAR (M8 x 390mm LONG)	1
ITEM 4	S1271 RIGHT-HAND-SIDE CRASH PROTECTOR SPACER	1
ITEM 5	M8 NYLOC NUT	2
ITEM 6	M8 WASHER (16mm O/D)	2



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FITTING INSTRUCTIONS

- Fit one M8 nut (**item 5**) and one M8 washer (**item 6**) to the end of the spindle bar (**item 3**) with the shorter thread, engaging the nut so the plastic insert of the nut is fully engaged and the bar protrudes by 1 or 2 threads. It is recommended to use a small amount of superglue or Loctite to fix this nut as this will aid when tightening the opposite side later.
- Feed the spindle bar with nut and washer through either crash protector (**item 1**) and then through the spacer with the smaller location diameter (**item 2**) as shown in the **assembly diagram**, then slide this assembly into the left hand side of the rear wheel spindle ensuring the spacer is located into the spindle.
- Moving to the right-hand side of the bike, slide the remaining spacer with the larger location bore (**item 4**) over the exposed end of the spindle bar and over the original spindle nut.
- Fit the remaining crash protector (**item 1**) over the spindle bar and up to the spacer, then fit the M8 washer (**item 6**) and M8 nut (**item 5**) from the kit onto the thread protruding from the crash protector.
- Finally tighten the nut on both sides evenly using two 13mm sockets and ensure that the plastic insert of both nuts are fully engaged and the protruding threads are equal on both sides. Check the swingarm protectors are secure and held firmly against the spacers and do not spin.
- Do not overtighten – the Nyloc nuts will hold it tight.

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**NOTICE DE MONTAGE POUR SP0088 PROTECTIONS BRAS OSCILLANT
POUR HONDA CRF1100L 2020-**



Photo A

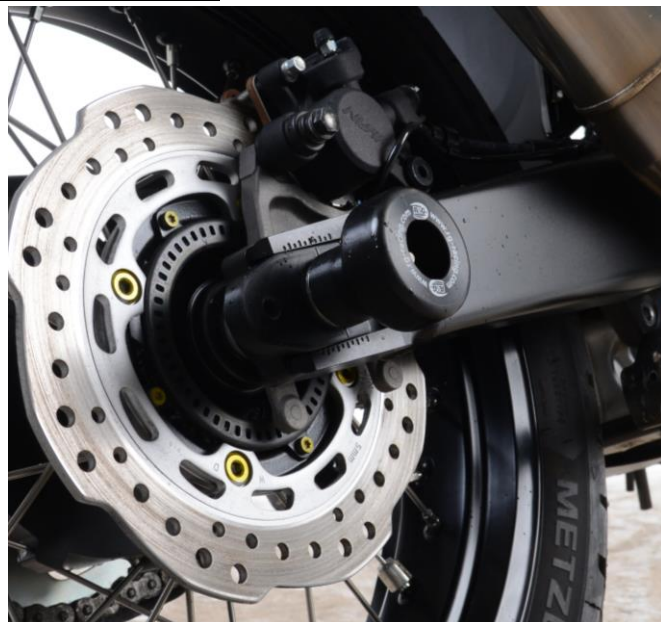


Photo B

CE KIT CONTIENT LES ARTICLES ILLUSTRÉS ET ÉTIQUETES SUR LA PAGE.

CERTAINES PARTIES PEUVENT ÊTRE PRÉSENTES UNIQUEMENT POUR LA CLARTÉ DES INSTRUCTIONS.

NE PAS PROCÉDER AU MONTAGE TANT QUE VOUS N'ÊTES PAS SÛR QUE TOUTES LES PIÈCES SOIENT PRÉSENTES.

VEUILLEZ LIRE TOUTES LES INSTRUCTIONS AVANT DE CONTINUER.

EN CAS DE DOUTE LORS DU MONTAGE DE NOS PRODUITS, CONSULTEZ UN DE NOS REVENDUEURS OU FAITES APPEL À UN TECHNICIEN QUALIFIÉ.

VEUILLEZ NOTER QUE LA FAÇON DONT LE KIT EST EMBALLÉ NE REPRÉSENTE PAS NECESSAIREMENT LA MANIÈRE DE LE MONTER SUR LA MOTO.

SI DES RONDELLES EN CAOUTCHOUC SONT UTILISÉES POUR MAINTENIR LES COMPOSANTS SUR LES BOULONS, ELLES PEUVENT ÊTRE JETÉES.

NOTICE DISPONIBLE AU TÉLÉCHARGEMENT SUR : WWW.RG-RACING.COM

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**OUTILS REQUIS**

- Clés à molette + douilles 2 x 13mm.

VALEURS DE SERRAGE RECOMMANDÉES

M4 BOULON = 8Nm

M5 BOULON = 12Nm

M6 BOULON = 15Nm

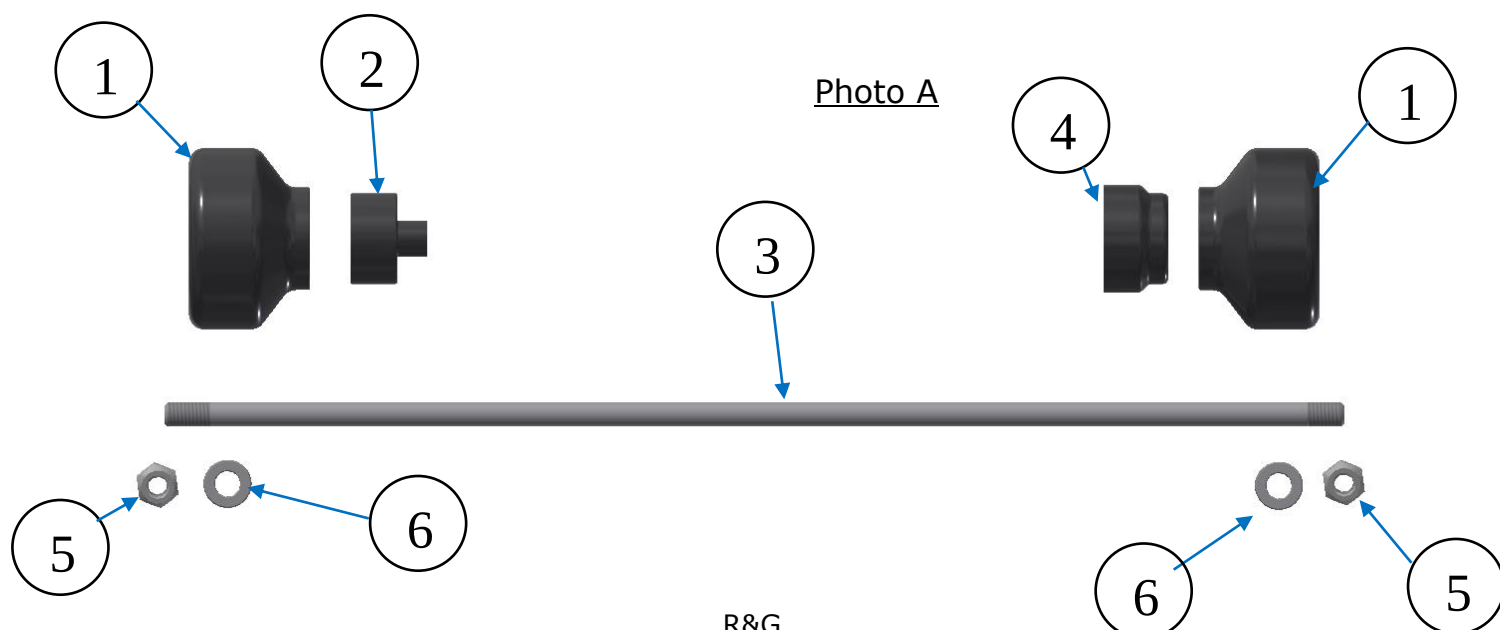
M8 BOULON = 20Nm

M10 BOULON = 40Nm

M12 BOULON = 40Nm

LÉGENDE

ARTICLE No.	DESCRIPTION	QTÉ
ARTICLE 1	B0213 M8 PROTECTION CRASH (DES DEUX CÔTÉS)	2
ARTICLE 2	S1270 ENTRETOISE DE PROTECTION CRASH CÔTÉ GAUCHE	1
ARTICLE 3	SB145 AXE (M8 x 390mm DE LONG)	1
ARTICLE 4	S1271 ENTRETOISE DE PROTECTION CRASH CÔTÉ DROIT	1
ARTICLE 5	M8 ÉCROU	2
ARTICLE 6	M8 RONDELLE (16mm O/D)	2

SCHÉMA D'ASSEMBLAGE

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NOTICE DE MONTAGE

- Fixez un écrou M8 (article 5) et une rondelle M8 (article 6) à l'extrémité de l'axe (article 3) ayant le filetage le plus court, en engageant l'écrou de sorte que l'insert en plastique de l'écrou soit complètement engagé et que l'axe dépasse par 1 ou 2 filets. Il est recommandé d'utiliser une petite quantité de superglue ou de Loctite pour fixer cet écrou, car cela facilitera le serrage du côté opposé plus tard.
- Faites passer l'axe avec l'écrou et la rondelle à travers l'un ou l'autre des protections crash (article 1), puis à travers l'entretoise avec le plus petit diamètre d'emplacement (article 2) comme indiqué sur le schéma de montage, puis faites glisser cet ensemble du côté gauche du moyeu de roue arrière en veillant à ce que l'entretoise se trouve dans l'axe.
- En vous déplaçant du côté droit de la moto, faites glisser l'entretoise restante avec le fraisage le plus large (article 4) sur l'extrémité exposée de l'axe et sur l'écrou d'axe d'origine.
- Montez la protection crash restante (article 1) sur l'axe et l'entretoise, puis placez la rondelle M8 (article 6) et l'écrou M8 (article 5) du kit sur le filetage dépassant de la protection crash.
- Enfin, serrez uniformément l'écrou des deux côtés à l'aide de deux douilles de 13 mm et assurez-vous que l'insert en plastique des deux écrous soit complètement engagé et que les filetages dépassant soient égaux des deux côtés. Vérifiez que les protections du bras oscillant soient bien fixées et maintenues fermement contre les entretoises et ne tournent pas.
- Ne serrez pas trop - les écrous fixent l'ensemble.

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